

Example Menus

Day	Breakfast	Mid-Morning	Lunch	Mid-Afternoon	Tea-Time	Supper
Monday	Breakfast Menu	Biscuits / Fruit	Beef Bourguignon with Dumplings, Broccoli and Mashed Potatoes Banoffee Pie	Assorted Cakes	Assorted Sandwiches Crisps Jelly	Biscuits, Fruit or Snacks
Tuesday	Breakfast Menu	Biscuits / Fruit	Macaroni Cheese with Garlic Bread Apple and Raspberry Crumble with Custard	Assorted Cakes	Assorted Sandwiches Crisps Scones and Jam	Biscuits, Fruit or Snacks
Wednesday	Breakfast Menu	Biscuits / Fruit	Chicken Tikka Masala with Rice and Chicken Tikka Samosas Raspberry Cheesecake	Assorted Cakes	Scrambled Egg on Toast Strawberries, Bananas and Cream	Biscuits, Fruit or Snacks

Example Menus

Thursday	Breakfast Menu	Biscuits / Fruit	Cumberland Sausage and Mustard Mash with Green Beans and a Cider and Onion Gravy Rice Pudding	Assorted Cakes	Assorted Sandwiches Crisps Swiss Roll	Biscuits, Fruit or Snacks
Friday	Breakfast Menu	Biscuits / Fruit	Beer Battered Cod and Chips with Mushy Peas and Tartare Sauce Lemon Crèmes	Assorted Cakes	Beans on Toast Ice Cream	Biscuits, Fruit or Snacks
Saturday	Breakfast Menu	Biscuits / Fruit	Chicken Breast in a Garlic and Mushroom Sauce with Carrots and New Potatoes Eton Mess	Assorted Cakes	Assorted Sandwiches Crisps Bananas and Chocolate Custard	Biscuits, Fruit or Snacks
Sunday	Breakfast Menu	Biscuits / Fruit	Roast Pork with Stuffing, Carrots, Cauliflower Cheese, Roast Potatoes and Gravy Angel Delight	Assorted Cakes	Buffet Style Tea Assorted Cake	Biscuits, Fruit or Snacks

Example Menus

Day	Breakfast	Mid-Morning	Lunch	Mid-Afternoon	Tea-Time	Supper
Monday	Breakfast Menu	Biscuits / Fruit	Coq Au Van with Broccoli, Dumplings and Mashed Potatoes Banoffee Pie	Assorted Cakes	Assorted Sandwiches Crisps Jelly	Biscuits, Fruit or Snacks
Tuesday	Breakfast Menu	Biscuits / Fruit	Meatballs in Tomato Sauce, Spaghetti, Garlic Bread and Hard Cheese Apple and Raspberry Crumble with Custard	Assorted Cakes	Assorted Sandwiches Crisps Scones and Jam	Biscuits, Fruit or Snacks
Wednesday	Breakfast Menu	Biscuits / Fruit	Chicken Korma with Rice and Naan Bread Lemon Cheesecake	Assorted Cakes	Scrambled Egg on Toast Strawberries, Bananas and Cream	Biscuits, Fruit or Snacks

Example Menus

Thursday	Breakfast Menu	Biscuits / Fruit	Ham, Egg and Chips Bread and Butter Pudding	Assorted Cakes	Assorted Sandwiches Crisps Swiss Roll	Biscuits, Fruit or Snacks
Friday	Breakfast Menu	Biscuits / Fruit	Breaded Fish Cakes with Mushy Peas, New Potatoes and Tartare Sauce Lemon Crèmes	Assorted Cakes	Beans on Toast Ice Cream	Biscuits, Fruit or Snacks
Saturday	Breakfast Menu	Biscuits / Fruit	Pork Steaks with Cider Gravy, Mashed Potatoes, Carrots and Green Beans Eton Mess	Assorted Cakes	Assorted Sandwiches Crisps Bananas and Chocolate Custard	Biscuits, Fruit or Snacks
Sunday	Breakfast Menu	Biscuits / Fruit	Roast Beef with Yorkshire Puddings, Carrots, Cauliflower, Roast Potatoes and Gravy Angel Delight	Assorted Cakes	Buffet Style Tea Assorted Cake	Biscuits, Fruit or Snacks

Example Menus

Day	Breakfast	Mid-Morning	Lunch	Mid-Afternoon	Tea-Time	Supper
Monday	Breakfast Menu	Biscuits / Fruit	Steak and Kidney Stew with Broccoli, Mashed Potatoes and Dumplings Banoffee Pie	Assorted Cakes	Assorted Sandwiches Crisps Jelly	Biscuits, Fruit or Snacks
Tuesday	Breakfast Menu	Biscuits / Fruit	Beef Lasagne with Garlic Bread Apple and Raspberry Crumble with Custard	Assorted Cakes	Assorted Sandwiches Crisps Scones and Jam	Biscuits, Fruit or Snacks
Wednesday	Breakfast Menu	Biscuits / Fruit	Sweet and Sour Chicken with Rice and Vegetable Spring Rolls Raspberry Cheesecake	Assorted Cakes	Scrambled Egg on Toast Strawberries, Bananas and Cream	Biscuits, Fruit or Snacks

Example Menus

Thursday	Breakfast Menu	Biscuits / Fruit	Liver, Bacon and Onions with Green Beans and Mashed Potatoes Rice Pudding	Assorted Cakes	Assorted Sandwiches Crisps Swiss Roll	Biscuits, Fruit or Snacks
Friday	Breakfast Menu	Biscuits / Fruit	Breaded Scampi and Chips with Mushy Peas and Tartare Sauce Lemon Crèmes	Assorted Cakes	Beans on Toast Ice Cream	Biscuits, Fruit or Snacks
Saturday	Breakfast Menu	Biscuits / Fruit	Cottage Pie with Peas and Carrots Eton Mess	Assorted Cakes	Assorted Sandwiches Crisps Bananas and Chocolate Custard	Biscuits, Fruit or Snacks
Sunday	Breakfast Menu	Biscuits / Fruit	Roast Gammon with Stuffing, Carrots, Cauliflower Cheese, Roast Potatoes and Gravy Angel Delight	Assorted Cakes	Buffet Style Tea Assorted Cake	Biscuits, Fruit or Snacks

Example Menus

Day	Breakfast	Mid-Morning	Lunch	Mid-Afternoon	Tea-Time	Supper
Monday	Breakfast Menu	Biscuits / Fruit	Beef and Guinness Stew with Dumplings, Broccoli and Mashed Potato Banoffee Pie	Assorted Cakes	Assorted Sandwiches Crisps Jelly	Biscuits, Fruit or Snacks
Tuesday	Breakfast Menu	Biscuits / Fruit	Spaghetti Bolognese with Garlic Bread and Hard Cheese Apple and Raspberry Crumble with Custard	Assorted Cakes	Assorted Sandwiches Crisps Scones and Jam	Biscuits, Fruit or Snacks
Wednesday	Breakfast Menu	Biscuits / Fruit	Chicken Korma with Rice, Poppadum's and Mango Chutney Lemon Cheesecake	Assorted Cakes	Scrambled Egg on Toast Strawberries, Bananas and Cream	Biscuits, Fruit or Snacks

Example Menus

Thursday	Breakfast Menu	Biscuits / Fruit	Cumberland Sausage and Mustard Mash with Green Beans and a Cider and Onion Gravy Bread and Butter Pudding	Assorted Cakes	Assorted Sandwiches Crisps Swiss Roll	Biscuits, Fruit or Snacks
Friday	Breakfast Menu	Biscuits / Fruit	Fish Pie with Peas and Carrots Lemon Crèmes	Assorted Cakes	Beans on Toast Ice Cream	Biscuits, Fruit or Snacks
Saturday	Breakfast Menu	Biscuits / Fruit	Ham, Egg and Chips Eton Mess	Assorted Cakes	Assorted Sandwiches Bananas and Chocolate Custard	Biscuits, Fruit or Snacks
Sunday	Breakfast Menu	Biscuits / Fruit	Roast Chicken with Stuffing, Red Cabbage, Carrots, Roast Potatoes and Gravy Angel Delight	Assorted Cakes	Buffet Style Tea Assorted Cake	Biscuits, Fruit or Snacks

Example Menus

Snacks and Alternatives Menu

Sandwiches

Bacon, sausage, fried egg or any combination

Cheddar, ham, chutney or any combination

Cheddar and onion, coronation chicken, tuna-mayonnaise

Sandwiches can be made using gluten-free bread

Omelettes (GF)

Cheddar, ham, mushroom or any combination

Jacket Potato (GF)

Cheddar, plain, butter

Tuna-mayonnaise, coronation chicken, cheddar and baked beans

Toast

Baked beans, cheddar, tomatoes, mushrooms or any combination

Poached or scrambled eggs with or without ham

Toast can be made with gluten-free bread

Small Snacks

Mini Roll

Flapjack Slice

Jaffa Cake

Biscuits

Crisps

Fruit

Caramel Wafer Bar